WHEN IT COMES TO STROKE

KNOWING THE 10 SIGNS AND SYMPTOMS COULD MAKE ALL THE DIFFERENCE FOR A LOVED ONE



Every 40 seconds,

someone in the U.S. has a stroke

Stroke is the

th

leading cause of death for Americans

STROKE RISK FACTORS WITHIN YOUR CONTROL

Making healthy lifestyle choices can help reduce a loved one's risk of stroke



HEALTHY DIET & EXERCISE



LIMITED ALCOHOL



NO SMOKING